Exploring Psychological Dimensions of Student Behaviour in the Classroom: A Case Study of Student Dynamics

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Abstract: Student behaviour in the classroom is closely shaped by interest and reinforcement, both of which influence motivation, engagement, and participation. When learning activities reflect students' interests and allow meaningful choice, they are more attentive and willing to contribute. Reinforcement techniques—such as consistent positive feedback, clear expectations, and varied rewards—strengthen desirable behaviours and support self-regulation. A supportive classroom climate, grounded in care and restorative practices, further enhances students' emotional well-being and helps resolve conflicts constructively. Together, these elements promote active involvement, a sense of belonging, and readiness to meet academic demands. This study explores the psychological dimensions underlying classroom behaviour and highlights how responsive teaching practices contribute to healthier and more productive learning environments.

Keywords: Effective, Reinforcement, Behavioural, Tangible, Interplay, Environment, Psychological, Dynamics

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